

## Relay for Life

contributed by Tricia Woods

Join the fun at the Stevens County Relay for Life American Cancer Society Fundraiser to be held on June 24 and 25 at Colville High School. Relay for Life has the slogan "Celebrate, Remember, Fight Back" and does all of these things in the 18 hour event.

Relay for Life began in 1985 when Dr. Gordy Klatt, a colorectal surgeon in Tacoma, Washington, ran and walked around a track for 24 hours to raise money for the American Cancer Society. Since then, Relay has grown from a single man's passion to fight cancer into the world's largest movement to end the disease. Each year, more than 3.5 million people in 5,000 communities in the United States, along with additional communities in 20 other countries, gather to take part in this global phenomenon and raise much-needed funds and awareness to save lives from cancer. Thanks to Relay participants, the American Cancer Society continues to

save lives.

For someone who has never been to Relay for Life, it is the total experience which is remarkable and may change your perception of cancer and the fight against it forever. The event lasts 18 hours and goes throughout the night because cancer never sleeps. Stevens County Relay starts at 6 pm on Friday the 24th of June with the Survivor Lap, which gives folks a chance to celebrate life. The Grand Forks Bagpipe band often leads off playing Amazing Grace. After the first two laps there is a Survivors' Reception with birthday cake.

The second lap is the Caregiver Lap and family and friends accompany the survivor they help or have helped. The Remember part of the event is the Luminaria Ceremony. People buy luminaries: paper sacks with candles in them and the name of their honoree on the sack. As it is getting dark all the candles are lit and the names on the sacks are read aloud. The honoree

can be a survivor or in memorial for one who lost the fight to cancer. Luminaria may be purchased for \$5 at Key Bank, Bank of America, AIA Insurance, AmericanWest Bank (Colville, Kettle Falls & Chewelah), Anderson-Pratt Insurance, Providence Mount Carmel Hospital and Cancer Outreach Center. The Fight Back Ceremony is held at the closing at noon on Saturday, June 26 and is a pledge to do something to help in the fight against cancer. It can be something for yourself like quitting smoking or getting a screening, or something for the community like pledging to be on the Relay for Life Committee the next year.

In between the Survivor Lap and the Fight Back Ceremony, there is entertainment, walking laps, playing bingo and more. Currently there are 29 teams signed up from our communities to participate and more are always welcome. The teams set up their tents on the side of the track and decorate; this year's theme

is "Walking Through the Ages." There will be '50s, '60s, '70s, '80s, and '90s music being played and contests for best costume for each decade and more. If you are interested in forming a team contact Lindsey Lawson at AIA Insurance at 684-5041 or at llawson@aiains.com.

Teams hold fundraising events in the days before Relay. On May 7 Washington Delta Dental is hosting a Golf Tournament—contact Sue at shawkins@deltadentalwa.com. Everyone is welcome to play and all money will be donated to Relay for Life. On June 18 it is Super One Foods Day with celebrity baggers, BBQ, Bake Off and Rummage Sale.

Come out and join the fun! Put together a team in memory of someone important in your life who was lost to cancer or just for a great cause, the American Cancer Society. Let's end cancer in our lifetime!

## Books for Bicycles at KF Masonic Lodge

submitted by Glen Luellen

The Kettle Falls Masonic Lodge purchased 8 bicycles for the "Books for Bicycles" program as they have done each year for the past 5 years. The program starts at the beginning of the second semester of school in hopes that the reading will continue on through the summer months. As avid readers already know, books allow a person to 'travel' to many places in their mind that they may never see in real life.

The purpose of the program is to increase reading participation with students in the 5th and 6th grades in different schools. We have this program in the Kettle Falls Middle School, the Orient School, Northport School and the Evergreen Elementary School.

This is a contest, but with rules which will allow every student an equal chance of winning one of the two bikes at each school.

The school librarian will be the official in charge of determining that the student has read a book on his/her reading level, as assessed by the school. A student's reading level may be either at, above, or below the student's assigned grade placement level. When the students read a book and have passed a test in accordance with the Accelerated Reading program (AVR) currently operated by the school, they will be given a ticket. Students may read only one book, or as many as they can to be eligible, as long as the

librarian gives them a ticket. The student will place his/her ticket in a box located in the office. One box will indicate the girl's bicycle and the other will indicate the boy's bicycle. Every student who has read at least one book at their assessed reading level during the contest period will have a chance at having their ticket drawn as the winner of the bike. On June 10th, or the last day of school, one ticket will be drawn from each box. This will determine our two winners.

All parties involved hope that this contest will inspire the students to explore the adventures and enjoyment of reading.

The Kettle Falls Masonic Lodge has been an active supporter of educational achievement to students of different communities in our area for many years through its college scholarship program for graduating high school seniors. The "Books for Bicycles" is a new program intended to get students started on the right track towards receiving one of the college scholarships. The lodge wishes to express their appreciation for the cooperation and interest shown in this endeavor from the Kettle Falls Middle School, the Orient School, the Northport School and the Evergreen Elementary School.

## The Cutting Edge Salon

by Peggy Mandin

There is a new hair-related enterprise in the space recently vacated by the barber shop in Kettle Falls. Jodi McBride opened her shop, The Cutting Edge Salon, on March 28 and offers a variety of services to the community including hair cuts, hair coloring, perms and facial waxing. She caters to men, women and children whether by appointment or on a walk-in basis.

Jodi has been cutting hair for eight years now. She was originally interested in doing nails, but found that she really had a talent for hair while attending Total Cosmetology in Spokane. After graduation she worked at a chain salon for five years, acting as manager for three of those years. The seed of an idea about going out on her own began to occur to her, thinking that if she had more control over her own schedule she could spend more time with family and participate freely in gymkhana activities. While not actively looking for her own business opportunity she happened to drive by the vacant barbershop space and see the for rent sign. She made an inquiry and that led to The Cutting Edge Salon.

Prices are as follows: kid's cut \$10; short hair cut \$12 or \$15 with a blow dry; long hair cut \$15 or \$18 with a blow dry; buzz cuts \$10 and bangs trim \$7. Call Jodi for other prices.

Also in the space is an area called Mom's Corner, where Jodi's mom, Harriet



Jodi McBride

Seitters, sells crocheted baby items and jewelry.

From May-September Jodi participates in gymkhana competitions through her association with Melody Riders Saddle Club in Chewelah and Colville Valley Gymkhana Club in Colville. Some of the events she competes in are barrel racing, pole bending, key pole, flag race and figure eight. Three years ago she received Izzy, a quarterhorse, as a wedding present from her new husband, Buddy McBride. They enjoy trail riding together.

The Cutting Edge Salon is located at 380 E. 3rd Ave, Kettle Falls, WA 99141 (next door to Ministry 'n Mind). Hours are Monday-Thursday 9:30am-5pm, Friday 9:30am-3pm, and every other Saturday 10am-3pm. The phone number is 738-2980.

**VOYAGES OF REDISCOVERY**  
MAY 7, 2011  
"A DAY ON THE RIVER"  
10:00AM-3:00PM  
@ KETTLE FALLS HISTORICAL MUSEUM

This fundraiser will benefit the Havermale Medicine Wheel Academy and will sponsor students on their end of the year 3-day canoe trip. Come and learn about the Columbia River and have the chance to Paddle in our 30ft. voyageur canoes.

[www.VoyagesofRediscovery.org](http://www.VoyagesofRediscovery.org) 509-675-5592

**THE PEOPLE PLACE**

Located in Orient, WA

Food, Hardware, Propane, Gifts  
General Merchandise  
Laundromat & Showers

Monday - Friday 9am - 7pm  
Saturday and Sunday 10am - 6pm

(509) 684 - 5644

**The PEOPLE PLACE**

Meyers Falls Market  
Hwy 395 in Kettle Falls, WA  
509-738-2727  
[www.MeyersFallsMarket.com](http://www.MeyersFallsMarket.com)

**Homemade ICE CREAM**  
Summer Kick-Off  
Memorial Day Weekend  
May 28th & 29th

**BUY ONE GET ONE FREE!**

**Meyers Falls Market**  
"The Natural Choice"